

# Join us at a Death Café



the **first Thursday** of  
every month

**12–1:30 pm** at

**Women's Council  
House, 989 Young  
Avenue in Halifax**

- ◆ The objective of a Death Café is to “increase awareness of death with a view to helping people make the most of their ‘finite’ lives.”
- ◆ It is an open, unstructured, respectful space free of discrimination where we can express our views and bring our questions safely.
- ◆ It is not designed to lead anyone to conclusions about life, death, or life after death, and it is not a place to market information, products or services.
- ◆ Those needing bereavement support or grief counseling will be helped to find appropriate support and resources.
- ◆ It is always held on a not-for-profit basis and includes food or drink, whether brought or bought.
- ◆ People are free to come and go, to talk or not talk as they feel in that moment. Be curious! Enjoy!
- ◆ Facilitated by Jacquie Bell, Dawn Carson & Deborah Luscomb ([dfuscomb@gmail.com](mailto:dfuscomb@gmail.com), 902.403.7590), Death Awareness Educators.
- ◆ Please feel free to stop at *Uncommon Grounds* for your treats on the way.