

Home Funeral HOW-TO SERIES

Hands-On Workshop
& Film Presentation

WHO WILL BENEFIT BY ATTENDING:

Anyone wishing to learn and plan for an alternative approach to their end of living time.

WHAT WILL YOU LEARN & PRACTICE:

- The value of planning and creating a home funeral - demonstrated in a film
- What legal paperwork needs to be completed in Ontario as your own funeral director
- After-death-body-care - bathing, anointing, and dressing
- Holding a vigil and creating a mini ceremony
- The value of ritual and ceremony
- Experience and explore contemplative activities designed as a practice of dying



INSTRUCTOR: BARB PHILLIPS – *Thanadoula/Home Funeral Guide/Certified Life-Cycle Celebrant, Hospice Volunteer, Bioenergy Healing Therapist, Founder and Member of the Community Support Group - Last Breath, Facilitator and Co-ordinator of Death Café and Film Screening and Dialogues Events in Northumberland County since 2014. Barb studied with Jerrigrace Lyons of Final Passages, Stephen Jenkinson of Orphan Wisdom School, and the Institute of Traditional Medicine.*

FRIDAY, APRIL 24, 2020 7:00 p.m. - 9:00 p.m.

Films - "Living While Dying" and "It's My Right: The Handmade Death of Herta Sturmman", and discussion

SATURDAY, APRIL 25, 2020 10:00 a.m. - 5:00 p.m.

SUNDAY, APRIL 26, 2020 9:00 a.m. - 4:00 p.m.

Hands-On Workshop (Limited to 10 participants)

LOCATION: Roseneath, ON - *Confirmation and directions emailed upon registration*

COST: \$300 - *Includes Sunday continental breakfast, tea, coffee, snacks; bring lunch Saturday and Sunday. (soup will be provided)*

REGISTRATION: Please send a \$50.00 non-refundable deposit before April 4, 2020 to secure your spot via e-transfer to whisperingpinesstudios@gmail.com, or mail cheque payable to: Barb Phillips, P.O. Box 232, Cobourg, ON K9A 4K5. Phone: 705-924-3763 with any questions or concerns.

www.barbphillips.ca